



PRESIDENT'S MESSAGE



Dr Lydia Pitcher, President of Queensland Medical Women Society (left) and Dr Cissy Yu at Circular Quay, Sydney, Australia (12 Nov 2017)

Since I was elected as the Vice President of the Medical Women's International Association (MWIA), being responsible for the Western Pacific Region (2016-2019), I have taken up new roles and responsibilities. One of the major responsibilities was to organize a Western Pacific Regional conference. I am delighted that the Hong Kong Women Doctors Association (HKWDA) was very supportive in hosting this event in August 2017. Whatever was lacking in our experience has been made up with passion and innovation. The result was very satisfying that the local, mainland and overseas delegates gave encouraging feedbacks on the conference and we also learnt a lot from this event. Besides the scientific part, we could witness the close cooperation between Shenzhen and Hong Kong medical women in accomplishing common goals.

On behalf of the Western Pacific Region of MWIA, I attended the World Health Organization (WHO) 68th Western Pacific Regional Committee meeting in Brisbane in October 2017. My report on this meeting has been submitted to the MWIA Executive Committee, and copied to all the national associations of the Western Pacific Region, including the HKWDA.

Then in November I embarked on a two weeks Sydney-Auckland-Christchurch-Wellington trip to visit the medical women representatives in Australia and New Zealand. I joined the Annual Council Meeting and Strategic Planning of the Australian Federation of Medical Women in Sydney, followed by meeting the MWIA Individual Members in Auckland and Christchurch.

Ms Angela Belich, Deputy Executive Director of Association of Salaried Medical Specialists (left) and Dr Cissy Yu at Wellington, New Zealand (17 Nov 2017)



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PRESIDENT'S MESSAGE

Followed by meeting the executives of the Association of Salaried Medical Specialists and the Health Convener of the National Council of Women in Wellington. This was a rewarding study visit as I noted there are common issues among the medical women of Hong Kong, Australia and New Zealand. 70% of New Zealand medical school graduates are female! Work-life balance, burnout, time poor, lack of role models are pressing issues that we all need to address.

Dr Cissy Yu
President of HKWDA

Doctor on Duty

Dr. Amy Pang is part radiologist, part artist. After first graduating from the University of Hong Kong, she completed her training as a radiologist at Pamela Youde Nethersole Eastern Hospital (PYNEH) and Prince of Wales Hospital (PWH), later choosing breast radiology as her subspecialty. She subsequently became head of breast imaging at PWH and was chief trainer in the subspecialty of breast imaging and intervention for over 10 years. As well as building a successful medical career, her artistic resumé is no less impressive. She is a world-renowned photographer and painter, with more than 100 international awards under her belt. Whilst mostly preferring to take a backseat now with judging competitions rather than competing herself, she keeps a very busy schedule publishing articles and speaking at photography conferences, travelling to take photographs and to hold exhibitions. All this on top of her professional duties as a full-time radiologist! We are grateful to Dr. Pang for taking time out of her hectic schedule for a chat about her unique and contrasting talents.



You are a radiologist by profession with a special interest in breast imaging. What led you to this subspecialty?

As a female radiologist, it seemed logical for me to focus more on imaging for women. I trained at PYNEH and then at PWH; aside from being a busy academic unit, our radiology department stressed heavily on training the next generation. A mixture of timing and fate led to my choosing breast imaging as a subspecialty; my previous mentors who I approached for both work and life advice were both breast imaging specialists.

In recent years, there has been increasing breast awareness. How has this impacted your work?

Breast cancer is the most common cancer in women (risk of 1 in 16, with a rising trend), therefore there is much need for awareness. I work in a secondary referral centre and we see a lot of screening cases. As the population ages and women become more educated, demand has also risen.

The set-up of your clinic waiting areas is quite unique. How did you come up with the concept? How have your patients responded to it?

Most clinics are brightly lit and decorated with certificates and health education materials. Our clinic aims to make people more comfortable and relaxed while they wait for their scans. Lighting is dimmed, with a large waiting area and artwork on the wall. Magazines tend to be art-related rather than health-related. That way, patients don't have to keep being reminded of their health or illness.

We have one waiting area that is designated for women only, for example, those waiting for a breast or pelvic examination. It aims to protect their privacy and is hopefully more soothing for them.

Response has been very positive so far. Patients have taken an interest in the artwork and take pamphlets and booklets to read, and some like to ask me about my projects. Mammograms and invasive investigations such as fine needle aspirations can be painful; it's helpful to have some discussion and distraction, helps them to pass the time. Sometimes we discuss places to travel to, or artworks to appreciate. In its own way, art therapy is a kind of therapy.



Waiting Hall



Women Waiting Area

A lot of your time is devoted to art. When did you first start developing interest in this area? How has your relationship with art changed over time?

I started liking art from an early age. I especially enjoyed art class and going to galleries and museums compared to my classmates. My grandfather and uncle were both artsy and would spend time showing me photographs on weekends. I picked up photography first, then painting.

Your photographs have won over 100 international awards. Do any of the awards hold extra special meaning to you?

For me, awards are a byproduct, a means for learning and improving my technique. I first picked international competitions to submit to, for example, those recognised by the Photographic Society of America, in order to assess myself at an international level, where there would be many stringent rules and requirements to work towards. Because judges and competitors would both be of a high standard, it was much more useful to judge one's own standard against.

Being ranked by the Photographic Society of America (PSA) as top ten world wide on the Listing of Pictorial Prints Large Colour Division in the International Salon of Photography in 2008, and on the Listing of Pictorial Prints Large Monochrome Division in the International Salon of Photography in 2008 and 2009 was of course an important milestone to me, after which I felt the need to move on. Thereafter I started developing my personal artistic style whilst accepting invitations to judge competitions instead of competing in them. This is my way of giving back to photography by helping educate young photographers, as my seniors had guided me in the past.

You have travelled far and wide to take photographs all over the world. What factors do you consider when choosing travel destinations? Any interesting stories to share?

My way of choosing travel destinations has changed. I used to choose destinations according to the sights or unique lighting that could be photographed. Now, I take photographs wherever I go, not based on what's popular with other photographers or famous for sightseeing. My approach is now much more personal; I use my own skill and judgment to take photographs wherever I am, to add my own touch and style to my work.



Doctor on Duty

A lot of your artwork revolves around the lotus flower. Can you tell us about its significance to you?

In 2015, I was invited to create a month-long solo exhibition for the annual Macau Lotus Flower Festival and so I started investigating the significance. For Chinese people, the lotus represents reincarnation and spiritual enlightenment. This comes from Lao Tzu's teachings. For Westerners, it represents breakthrough and recycling. My aim was to use a 21st century approach (21st century equipment, media, photography) to the lotus instead of using old overused ideas.



Can you tell us about the Hong Kong Medical Association Photographic Society and how it came into existence?

This was also a result of fate and timing. Dr. Tse Hung Hing and Dr. Chow Pak Chin, who were President and Vice President respectively at the time, wanted HKMA to organise more team activities. I was already very active in many photography circles and was therefore tasked with starting up this society.

What projects are you currently working on or planning for the near future? Any upcoming exhibitions?

My projects are based on using contemporary media (photography, watercolour) to portray Chinese culture.

First upcoming exhibition will be in St. Petersburg (14 May 2018): 8 female artists from Hong Kong have been invited to exhibit their artwork but I will be the only photographer.

There is also a local exhibition by HKMA Photographic Society in the works (end of 2018/early 2019).

Do you find it challenging to juggle two such contrasting aspects of your life? How has the balance between work and art changed over time?

At the beginning, I spent a lot of time building up my career. I can afford to spend time on both work and art. I could find this time as I did not have to care for children, as most of my peers had to do at my age. I find that my work and art balance each other out. I have strong emotions and when I meet patients, I derive inspiration from them. But I share it back when I chat with them.

As a radiologist, I help patients in the moment that I'm treating them. But with art, the contribution to culture, society and the world could be forever. There is a tendency for Hong Kong to treat art like a commodity but I hope to give art more meaning than that. It's very time and energy consuming but the reward is great. Values are different to different people.

Is there any advice you would like to give to young doctors or medical students in Hong Kong?

I hope they always remember why they chose to do medicine: to help and save people. It's a long journey from medical school through to internship, training and fellowship; after going through so many experiences, it's easy to forget why we chose it in the first place. Don't be tempted by shortcuts. Don't be distracted by other reasons on the way. At the end of the day, we need to answer to ourselves and face the consequences of our own decisions.



Dr. Wai Ki Tsoi

A volunteer's thought on Rainlily WE Stand Women's Health Day

Partnering with Rainlily and WE Stand, the Women's Health Day was held successfully on 21 May 2017 by the HKWDA. The event aimed to target female ethnic minorities, migrant workers and refugees. With the generous support from the Dr. Ellen Li Charitable Foundation and Fu Tak Lam Foundation Limited, the project provided health talks and cervical smear tests for this particularly marginalized group of individuals in our society.

I was very fortunate to be part of the volunteering efforts. With the guidance of our senior doctors and nursing staff, we helped out with registration and cervical smear taking. Although we did not have sophisticated equipment and hardware like those in a doctor's office, a simple folding desk worked just as well as a proper examination table, and the manual work of labelling worked just as well as barcode scanners. Everything ran smoothly with the help of our dedicated staff and volunteers.



The health barriers faced by female ethnic minorities and migrant workers have always been tremendous in Hong Kong - financial barrier is invariably one of them. Language barriers also hit the middle-aged female ethnic minorities the hardest as they often rely on their younger children for translation during healthcare encounters. However, this pattern would make them more reluctant to seek healthcare consultation when they experience gynecological problems or issues related to sexual health. Speaking with the co-organizers from Rainlily, we found that the event not only provided free checkups for these vulnerable women (of note, the minimum wage of foreign domestic workers is \$4,310), but also opened a door for them to learn about the other available services, particularly those involving sexual violence. In the past, such events did succeed in fishing out participants who had been silently suffering from sexual violence.

Although the event only lasted for an afternoon, it was pivotal in introducing this particular invisible group of women to a safe space. It is always easy to give help to those who readily seek it, but how do we actively seek those who are left in the dark? I began to learn more about the answer to this question, as I started joining the different volunteering activities with the HKWDA.



Dr. Domily Lau

「漣漪行動@觀塘」義工分享

八月十九日下午，我有幸以學生義工的身份參與了香港女醫生協會、香港女律師協會等團體合作舉辦的社區服務「漣漪行動」。

活動期間，各機構合力為本港基層婦女提供婦科檢查，精神健康諮詢，以及法律和理財等等的輔助，其中令我感觸最深的，是子宮頸抹片檢查的環節。

在檢查開始之前，活動義工很著緊地佈置場地，以求保障參加者的私隱，希望她們能安心做檢查，以達到最佳的配合和檢查效果。

檢查期間，醫護義工們一絲不苟地為市民進行抹片，並耐心地解釋檢查的目的和程序，又提醒她們接收報告的注意事項，整個流程認真而溫馨。



最令我難忘的情景，是當醫生為一位未曾做過類似檢查的女士抹片時，這位女士十分緊張，肌肉緊繃，這時，只見護士輕輕在她耳畔安撫，而醫生亦鼓勵她，並建議她輔換姿勢放鬆身體，希望能盡量減低她的不安和不適感。當這項檢查終於完成時，這位女士感激地向義工們道謝，我們也衷心祝福她身體健康，此刻，我感到一股無形的暖流把彼此連繫著，就像是互相關心的一家人。

是次活動十分有意義，亦激勵了我服務社區的決心。讓我們同心合力，用愛心和雙手，引發社會大眾的共同參與，達到漣漪效應，把我們的家變得更美好。

蘇晴

中文大學醫學院四年級生

The Academic and Education Committee was formed in October 2016.

It aims to promote education activities in the Association and advise on potential speakers and writers in events such as the scientific lecture for our annual dinner, internal and local conferences, as well as newsletter publication.

One of the major education activities is the CME accredited lunch symposium. It is held about every quarter during lunch hours in conveniently located restaurants in Central or Tsim Sha Tsui.

We have had two delightful lunch symposiums so far. In January 2017, we invited Dr Au Siu Kie (specialist in clinical oncology, Tsuen Wan Adventist Hospital) to share his experience in cancer pain management. Our population is aging. The number of new cancer cases in Hong Kong is rising at an average annual rate of ~ 3% according to the Hong Kong Cancer Registry. Despite the advances in cancer management, cancer patients do have various discomfort and distress with their illnesses, including pain. Oncologists wish to share their experiences with other specialists and general practitioners in the hope to improve the quality of life of cancer patients.



Lunch symposium in Tsim Sha Tsui. Dr Au Siu Kie (back row, 2nd left) shared his experience in cancer pain management.

Another symposium was held in March 2017 with Dr Chow Wing Sun (specialist in endocrinology, diabetes and metabolism, Queen Mary Hospital) giving us an update on the management of diabetes mellitus. Dr Chow is the President of the Diabetes Hongkong and is actively involved in promoting the awareness, treatment and prevention of diabetes mellitus. There are about 700,000 diabetic patients in Hong Kong (i.e. 1 in 10 suffers from DM) and it is estimated that 13% of our population will suffer from diabetes mellitus by 2030. Dietary control, regular exercises and combating obesity are crucial in controlling this global health issue.

Our members enjoyed the interactive discussion after the speaker's lecture and were glad to learn more about the latest treatment of other specialties.

Academic and Education Committee Update

Lunch symposium in Central. Dr Chow Wing Sun (front row, 2nd left) talked on the latest management of diabetes mellitus.



The Committee hopes to organize more lunch symposiums in the coming year. We welcome members to make suggestions on topics they are interested in. Members who have educational subjects that they wish to share with us are encouraged to contact the Committee.

Hope to see you in the coming lunch symposium.

Dr. Irene Wong
Chairlady of the Academic and Education Committee

Board Member on Duty



Dear Members,

We strive to enhance communication between yourselves and our Board and Committees. Please feel free to contact our Board Member on Duty, Dr. Mandy Ng (hkwda@hkwda.com), with any questions or comments.

天路之旅

很多人說，一生人能入西藏一次，其無憾矣！今年6月，我終有機會與老同學、好朋友一齊展開天路之旅自駕遊！旅程由川藏公路開始，以青藏公路結束。沿途盡覽高原風光，盡情享受藍天白雲、白山黑水，呼吸純純的空氣，雖高原空氣稀薄，也叫人心曠神怡！

丟下了幾十年的史地課，此刻又重現眼前：金沙江、瀾滄江、怒江、雅魯藏布江，路經橫斷山脈、喜馬拉雅山脈、唐古拉山、崑崙山、倒淌河.....，河山何其壯麗！幻想文成公主入藏、松贊干布迎親，情景何其壯觀！回到現實，汽車在路上奔馳，時而遇到一群群的綿羊、牦牛、藏香豬、野驢甚至藏羚羊施施然地在高速公路慢步，甚或橫卧路中休息，何其寫意！遺憾的是，因證件問題無緣到達珠穆朗瑪峰大本營，也許是天意要我們再入藏吧！

陳潔霜醫生



碧綠的巴松措



不一樣的湖 - 羊卓雍措（羊湖）



布達拉宮的日

MWIA Conference

The Medical Women's International Association (MWIA) Western Pacific Regional Conference was held in Hong Kong on 25-27 August 2017.

The conference was organized by the MWIA and the Hong Kong Women Doctors Association, and co-organized with the Hong Kong Midwives Association. The theme of the conference was 'Women. Health. Empowerment'.



Western Pacific Regional Business Meeting on 25 August 2017
Front Row (front left to right): Dr. Bong Ok Kim (Korea MWA President), Prof. Kyung Ah Park (past MWIA President), Prof. Bettina Pfeleiderer (MWIA President), Dr. Cissy Yu (MWIA VP Western Pacific Region), Dr. Margaret Maxwell (past MWIA VP Western Pacific Region), Dr. Sherry Lai (Taiwan MWA President), Dr. Vivina Chiu (Philippines MWA – Cebu Chapter)



Welcome Reception at Tamar Park on 25 August 2017
From 2nd left to right: Dr. Bong Ok Kim (Korea), Dr. Eleanor Nwadinobi (Nigeria), Dr. Alan Lee (TWGH's Chairman), Prof. Bettina Pfeleiderer (MWIA President), Dr. Cissy Yu (MWIA VP Western Pacific Region), Prof. Deborah Colville (Australia), Prof. Padmini Murthy (USA), Prof. Kyung Ah Park (past MWIA President)

This is the first time Hong Kong hosted MWIA's regional conference. There were about 250 participants from 13 countries and regions, and the scientific program consisted of 17 presentations by invited guests, 9 oral presentations and 21 poster presentations from the registrants.

The presentations covered a wide range of topics, from health issues of women throughout their life journey, to women's rights, gender equality and work-life balance.

The participants included medical doctors, medical students, nurses, student nurses and allied health professionals. The conference organizing committee worked very hard for 12 months in planning and execution. Their devotion really impressed me.

Shenzhen Medical Women Association also supported HKWDA by planning a one day hospital visit and city tour of Shenzhen.

I would like to thank the sponsors, the Organizing Committee, the Scientific Subcommittee and the Shenzhen Medical Women Association for making the MWIA Western Pacific Regional Conference a great success.



MWIA Western Pacific Regional Conference at Hong Kong Academy of Medicine on 26 August 2017



Open Ceremony of Western Pacific Regional Conference

Front row: Officiating Party – Dr. Cissy Yu, Dr. Chor Chiu Lau, Dr. Constance Chan, Dr. Sophia Chan, Ms. Hong Qiu, Ms. Hong Mu, Mr. Fan Chang, Prof. Bettina Pfeleiderer, Ms. Irene Lee

Back row: Conference Organizing Committee – Dr. Sharon Chow, Dr. Loraine Chow, Dr. Callie Ko, Dr. Kit Sheung Chan, Dr. Wing Yuk Ip, Dr. Victoria Wong, Dr. Carmen Ho, Dr. Fiona Luk, Dr. Jane Yeung, Dr. Connie Ngai, Dr. Yip Chu, Dr. Lorna Ng, Dr. Rachel Cheng

25 August 2017

- Western Pacific Regional Business Meeting at the Hong Kong Academy of Medicine
- Cultural tour of the Assembly Hall of Tung Wah Hospital, and Man Mo Temple
- Welcome reception at Tamar Park, attended by Chairman of Tung Wah Group of Hospitals

26 August 2017

- Scientific meeting at the Hong Kong Academy of Medicine
- Opening ceremony of conference, attended by President of MWIA and officials from Mainland and Hong Kong
- Gala dinner at the Kai Tak Cruise Terminal, with cultural performances by Hong Kong medical students, and by delegates from Mainland China, Korea, Japan, Australia, New Zealand and the Philippines



Shenzhen MWA delegates singing "茉莉花" at Conference Gala Dinner at Kai Tak Cruise Terminal

27 August 2017

- Hospital visit in Hong Kong (Gleneagles Hospital, Pamela Youde Nethersole Eastern Hospital, Wong Chuk Hang Long Stay Care Hospital)
- Hospital visit in Shenzhen (The University of Hong Kong Shenzhen Hospital, Peking University Shenzhen Hospital, Shenzhen Maternal and Child Health Hospital), city tour

[Due to Typhoon signal no. 8, the above hospital visits were cancelled.]



Korean MWA delegates singing "Arirang" at Conference Gala Dinner at Kai Tak Cruise Terminal

Dr Cissy Yu

Youth Committee Update



Summer BBQ Party

With the success of the Mentor Mentee Student Program since 2014, we continued the program this year. Our medical students have always been very supportive of the program. This year, we have received over 120 Mentee applications and have recruited over 30 Mentors from more than 15 specialties.

Our annual career's talk was held on 25th February 2017, with over 70 medical students joining the talk.



This year, the Youth Committee has also launched the Microsurgical Workshop on 26th November, 2016. The workshop aims at teaching medical students basic microsurgical skills and to allow them to have a hands-on experience on

performing some basic suturing techniques under the microscope. Due to overwhelming responses, we have organized a second Microsurgical workshop, which was held on 8th July, 2017.

On 13th August, 2017, the Youth Committee arranged a summer BBQ party to allow mentors and mentees as well as medical students to meet up and spend a relaxing afternoon together. It was a lovely afternoon with great food and companion.

From the 25-27th August, we hosted the Western Pacific Regional Conference of the Medical Women's International Association (MWIA). We were incredibly honoured to have the president of the MWIA, Professor Bettina Pflieger, take part in our event. The theme of the conference was "Women, Health, Empowerment". In addition to discussion of important topics in Women's Health, we also had distinguished guests from both local and overseas universities share their innovative ideas on other areas such as travel medicine and medical ethics. Our committee members also introduced our Mentor-Mentee Program for medical students in the form of a poster that was presented by Ms. Wendy Lam.

Youth Committee Update

Social activities are of course a highlight of the conference experience, and our 12 student ambassadors did their very best to show our guests all that Hong Kong has to offer. They served as tour guides and brought our guests to visit the Sheung Wan and Central districts to gain deeper understanding of both the culture and history of Hong Kong. Our reception dinner was held at Tamar Park, next to the Victoria Harbour, allowing guests the perfect opportunity to appreciate the Hong Kong skyline. Likewise, our gala dinner also took place by the harbour, at the Kai Tak Cruise Terminal. We were very pleased to see the venue filled with colourful dresses, cheerful conversation and happy faces. Once again, our student ambassadors took up the role of entertaining our guests with performances ranging from a street dance number by "EC Swag", an acapella performance by Medici Cantano and a duet by Ms. Farrah Tam and Mr. Harry Fung. All of the performances were very well received by our audience of international guests. We hope our guests enjoyed their time in Hong Kong, and look forward to hosting them again in the future!



Together with Fancl, the Youth Committee hosted the first Beauty Workshop titled as 'How to always look 20!' on 27th October, 2017. It was a fun-filled workshop with a lot of beauty tips for our participants ranging from medical students to senior practitioners. Everyone had a relaxing Friday evening!

Fancl Beauty Workshop



We are very excited to see more new faces in the upcoming year and we look forward to meeting you all in our upcoming events!

Dr Sharon Chow & Dr Loraine Chow

You have probably seen advertisements for the MSF Orienteering Competition 2018 in MTR stations, bus stops or have even received hard copies about the event.

Date: 4 March 2018 (Sunday)

Location: Fan Ling

MSF-HKWDA registration page:

<https://ssl.msf.hk/oc/team/register/group/HKWDA>

Orienteering is the modern sporty version of treasure hunting. With the help of a map and compass, participants search for the pre-set control points (“treasures”) in the competition site. Different routes can be chosen according to their own experience, technique and judgment. The participant / team that can find the highest numbers of control points within a limited time wins.

“MSF Orienteering Competition” has been running since 2002, the annual major fundraising event of Médecins Sans Frontières Hong Kong. It allows participants situated in Hong Kong to experience the challenges faced by MSF field workers when they walk through some of the world’s most testing environments to provide medical aid to patients in the front line.

HKWDA was honoured to be invited to take part in the “guest run” of MSF 2017. It was challenging & fun! Here are the sharing of 2 of our team members...



*Essential gear:
Map, whistle, compass*

Dr Jane Yeung

在董事會會員的鼓勵之下，我膽粗粗的答應了參加這個定向比賽，我可有十年沒行過山呢！感謝天公造美，活動當日天氣暖和、陽光充沛，讓我們在找尋計分點之餘也欣賞到南丫島的美麗風景。走山路對我來說是有一點吃力的，幸得幾位組員互相支持，我們都順利完成賽事！特別多謝隊長Jane在受了傷的情況下仍然冷靜為我們找正確的路，並分享以往的經驗，你真是一個能幹又負責任的隊長！我會鼓勵身邊的朋友參加這個比賽，尤其是年輕人，能夠挑戰自己、克服困難去完成賽事，是難得的經驗！

Dr Mandy Ng

時間飛逝！不知不覺我們代表香港女醫生協會參加無國界醫生野外定向2017--救援在野活動半年多了。

本年三月五日，在我連指南針及地圖都不太懂的情況下，很大膽地跟隨朋友報名第一次參加該項活動，幸運地，我們協會有四位醫生報名并成功地組成了一隊。

在領隊 Dr. Jane Yeung 詳細講解及帶領下，我們一行四位女醫生興致勃勃開始了活動，由于其中三人都是第一次參加，所以都十分興奮，沿路上大家你追我趕地跑，一邊認真地看地圖，一邊正確地使用指南針，指指點點地務求在短時間找到寶藏。每當找到一個寶藏地點，大家都好興奮地大叫。

雖然是比賽，但沿路上碰上其他比賽成員，他們都很樂意指示道路及藏寶地點給我們，整個南丫島山頂組成一隊隊紅衫長龍，真的好壯觀。

很感激大會邀請香港女醫生協會參與該次活動，我也十分感動領隊及隊員的包容及互助，讓我成功地完成該次活動并上了一堂寶貴的野外定向課程。

我希望以後有機會能再參與，這是一項體驗體力，合作，智慧，準時的多功能活動。

郭蘭醫生



Thumbs up:
Team ready to go!













With signs:
Proud finishers!

Welfare Update

In June, the welfare and fellowship committee organized a parenting oriented talk by Dr. Sylvia Doo, a child behavioural expert. It was very well received with plenty of interaction from the audience. In October, we collaborated with the youth committee and Fancl to organize a workshop titled "How to always look 20". This workshop was also well attended with around 30 people. Everyone had a great evening and learnt a tip or two on how to keep their faces forever young!

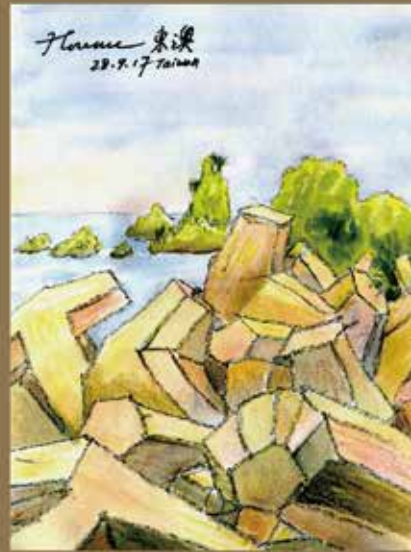
HKWDA continues to offers members various discounts and offers. New companies added to the list include Fusion Skin & Health Medical Centre and Jean Louis David Hair Salon. In July, we collaborated with Jimmy Choo for an exclusive VIP offer on their shoes for a limited period. More exciting offers are coming so please refer to their e-mails for individual claiming instructions and offer updates.

Dr. Angie Fong

Health and Beauty		
	Fusion Skin & Health Medical Centre	Doctors treatments 30% off Therapist treatments 25% off Medical grade skincare products additional 10% off Free initial skin consultation and analysis
Jean Louis David	Jean Louis David Salon Hong Kong	20% off hair styling and treatment service Free makeup consultation
FASHION		
	MIRABELL	Offer 10% off on regular-priced items
	HUSH PUPPIES	Offer 10% off on regular-priced items
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LIFESTYLE		
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	UNION FAITH INSURANCE	Up to 70% off selected products



台灣東海岸 East Coast of Taiwan



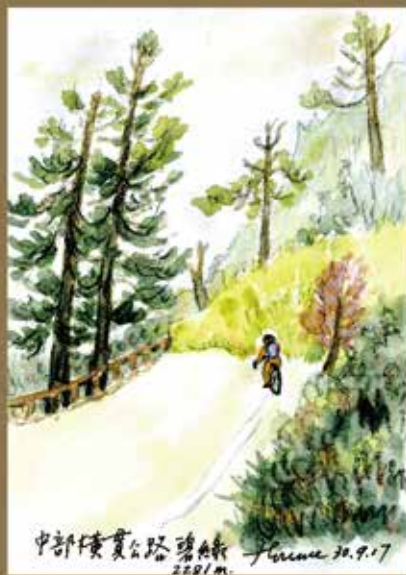
東澳



南方澳

臺灣旅遊寫生 -
張意靈醫生

Taiwan:
sketches and article by
Dr. Florence Cheung
www.roadsidegrass.com



碧綠



太魯閣國立公園立霧溪
Taroko Gorge

沉痛悼念黃國瑞醫生

我會資深會員黃國瑞醫生于2018年3月18日晚因突發腦溢血被送入瑪麗醫院搶救。終因顱內廣泛出血，搶救無效，于3月21日安詳地在家人陪伴下，安息主懷，享年73歲。黃醫生退休前在廣華醫院普通科任職。她是我會優秀會員。她生前積極參加我會的活動，樂於助人，從不計較個人得失和回報。她樂觀，開朗，充滿正能量。她多才多藝，尤其熱愛歌唱，是香港醫學會合唱團核心歌唱演員，多次參加合唱團義演。直到突發腦溢血前，她還在上環文娛中心作鋼琴伴奏。我們對黃醫生的驟然離世深感悲痛。她的音容笑貌將永遠留在我們的心中。永遠懷念黃國瑞醫生！



Membership Endorsement from April to December 2017

Name in English	Name in Chinese	Specialty
Life Member LUK Sheung Wan Abbie	陸上允	Ophthalmology
From Full Member to Life Member LAI Wai Man Sonia LAU Siu Ngai LI On Chee Angela MOK Yee May PANG Bik Yiu Clara TSOI Wai Ki	黎維文 劉小藝 李安慈 莫漪薇 彭碧瑤 蔡蔚杞	Obstetrics & Gynaecology Medicine Radiology Obstetrics & Gynaecology Radiology Medicine
From Student Member to Life Member LAM Ching Man LAM Ming Yin Alison TANG Ching	林靜雯 林明彥 鄧晴	Ophthalmology
From Student Member to Full Member CHAN Yan Yu Julia	陳欣遇	
Associate Member WONG Chau Chau	黃岫岫	
Student Member CHAN Chui Ching Chrystal CHAN Hui Lam Lilian CHAN Lok Yee Louise CHAN Zhuo Yi Calista CHEONG Pak Yung Christina CHEUNG Yi Ki Veronica CHIU Hiu Wah Yoyo CHOI Man Yui CHUNG Anthea FAAN Yick On Gail HO Xin Yue Prisca HUANG Kai Yi Ivy LAM Sze Man Suki LAU Yi Han Gloria LEE Bo Yee LEUNG Ka Wing Karen LUO Zhao Melinda ONG Tiffany TSOI Tsz Ying Emily WONG Ho Ching Gigi WONG Hoi Wing Queenie WONG Tse King	陳翠清 陳曉琳 陳諾怡 陳卓懿 張柏榕 張爾淇 趙曉樺 蔡旻叡 鍾迴嵐 范易安 何心悅 黃凱儀 林斯曼 劉懿嫻 李葆怡 梁嘉穎 羅蘭 王皓玲 蔡子盈 王皓晴 黃鎧穎 王孜敬	CUHK Medical Student - Year 4 CUHK Medical Student - Year 4 HKU Medical Student - Year 4 CUHK Medical Student - Year 4 CUHK Medical Student - Year 4 CUHK Medical Student - Year 5 CUHK Medical Student - Year 4 HKU Medical Student - Year 3 CUHK Medical Student - Year 4 CUHK Medical Student - Year 4 CUHK Medical Student - Year 4 CUHK Medical Student - Year 4 HKU Medical Student - Year 5 CUHK Medical Student - Year 4 CUHK Medical Student - Year 5 CUHK Medical Student - Year 4 CUHK Medical Student - Year 4 HKU Medical Student - Year 3 HKU Medical Student - Year 3 CUHK Medical Student - Year 4 CUHK Medical Student - Year 1 HKU Medical Student - Year 4
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Year Planner

2 Jan 2017	Sharing session of Butuo Girl Class
14 Jan 2017	HPV Vaccination Event cum HKU Campus Tour with underprivileged families
17 Jan 2017	1st HKWDA CME Lunch Symposium
9 Feb 2017	Submit HKWDA Views to the Government on Law Reform Commission Consultation Paper "Sexual Offences Involving Children and Persons with Mental Impairment"
9 Feb 2017	Distribute HKMA survey "Survey on the Proposal to Prohibit Commercial Sale and Supply of Alcohol to Persons Aged below 18"
25 Feb 2017	Mentor Mentee Student Program 2017-2018 - Career's Talk 2017
5 Mar 2017	香港女醫生協會參與無國界醫生野外定向2017
6 Mar 2017	2017 香港各界慶祝三八國際婦女節晚宴
11 Mar 2017	HPV Vaccination Event – Kwai Chung
12 Mar 2017	Volunteer Recruitment: 《九龍城區。西協義診日》
30 Mar 2017	2nd HKWDA CME Lunch Symposium
1 May 2017	油塘社區義診
10-13 May 2017	Medical Women's Federation Centennial Celebration in London, MWIA Northern Europe Regional Conference
21 May 2017	Cervical Screening Event – Ho Man Tin
21-26 May 2017	Study Tour to Harbin (黑龍江)
26-30 May 2017	香港專業女性貴州考察團
23 Jun 2017	Parenting Talk – "Tiger mom or not – sharing by a Developmental Behavioural Paediatrician Mother" – Queen Elizabeth Hospital
24 Jun 2017	Health Check for Ethnic Minorities in collaboration with HKU School of Public Health
8 Jul 2017	Microsurgical Workshop – Hong Kong Eye Hospital
3 Aug 2017	Talk on sexual health for AIDS Concern
13 Aug 2017	Summer BBQ Party – the Mentor Mentee Student Programme 2017-2018
19 Aug 2017	Ripple Action – Kwun Tong
25-27 Aug 2017	Western Pacific Regional Conference 2017 of the Medical Women's International Association (MWIA) – Hong Kong
26 Aug 2017	MWIA Western Pacific Regional Conference Gala Dinner
3 Sep 2017	Globe-athon Barbados Walk & Run to End Gynaecological Cancers
25 Sep 2017	HKWDA 11th Annual General Meeting
9-13 Oct 2017	WHO WPR Conference – Brisbane, Australia
15 Oct 2017	Volunteer Recruitment: HOPE Centre
26 Oct 2017	Distribute MWIA Survey on Sexual Harassment in Work Environment
27 Oct 2017	FANCL Beauty Workshop – Tsim Sha Tsui
19 Nov 2017	Volunteer Recruitment: 《油尖旺區。《西協健康日》
13 Dec 2017	3rd HKWDA CME Lunch Symposium
14 Jan 2018	Shenzhen Fellowship and Professional Event
11-23 Mar 2018	United Nations Commission on Status of Women (CSW) – New York, USA
27-28 Apr 2018	MWIA Southern Europe Regional Conference – Palermo, Italy
6-8 Sep 2018	Central Asia Regional Conference of the Medical Women's International Association – Bangkok
8-12 Oct 2018	WHO's WPR Conference – Manila, Philippines
11-15 Nov 2018	Near East & Africa MWIA Regional Conference – Nairobi, Kenya

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